



St Joseph's Catholic Primary School: Whole school PSHE overview

	Autumn 1 <i>Empathy</i>	Autumn 2 <i>Respect</i>	Spring 1 <i>Resilience</i>	Spring 2 <i>Responsibility</i>	Summer 1 <i>Adaptability</i>	Summer 2 <i>Ambition</i>
Year 1	Who is special to us?	What helps us stay healthy?	What can we do with money?	How can we look after each other and the world?	What is the same and different about us? We meet God's love in our Family	Who helps to keep us safe? We meet God's love in our Family
Year 2	How do we recognise our feelings?	What makes a good friend?	What is bullying?	What helps us to stay safe? We meet God's love in our community	What helps us to grow and stay healthy?	What jobs do people do? We meet God's love in our community
Year 3	How can we be a good friend? How we live in love	What keeps us safe? How we live in love	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	How can we manage our feelings?	How do we treat each other with respect? God loves us in our differences	What strengths, skills and interests do we have? God loves us in our differences	How can we help in an accident or emergency?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	How can friends communicate safely?	What decisions can people make with money?	What makes up a person's identity?	What jobs would we like?	How can drugs common to everyday life affect health?	How will we grow and change? God loves us in our changing and developing
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? The wonder of God's love in creating new life	

These cover 3 main themes of Relationships (peach), Living in the Wider World (blue) and Health and Well-being (green).

Journey in Love links in bold.